



Analytical Resource Laboratories

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Certificate of Analysis

Client Information

Mind & Body Naturals
765 W 1800 N, Suite A103
Logan, UT 84321
USA
515-441-6775

Sample Information

ARL ID: 648802
Date Received: 12/21/2022
Description: Rest Body Capsules (60 Capsules)
Lot#: RES16A1222
Serving Size: 2 Capsule(s)
MFG: 12/2022

Results

Analysis	Method	†MDL / LOQ	Specification	Results	UOM	Lab ID
<u>K2A Profile (Rapid)</u>						1
<u>Complete Micro Profile (Rapid)</u>	USP, AOAC					1
Total Plate Count (High Count)	USP <2021>	100	Record Only	> 250,000	cfu's/g	1
Coliforms	AOAC 991.14	100	Record Only	1,000	cfu's/g	1
E. coli	USP <2022>	Absent	Record Only	Absent	cfu's/10g	1
Staphylococcus aureus	USP <2022>	Absent	Record Only	Absent	cfu's/10g	1
Salmonella	USP <2022>	Absent	Record Only	Absent	cfu's/10g	1
Yeast and Mold (High Count, Rapid)	AOAC RI	100	Record Only	3,000	cfu's/g	1
<u>Heavy Metals</u>	ARL ICPMS 8.016					1
Arsenic (As)	ARL ICPMS 8.016	0.001	Record Only	0.328	ppm	1
Cadmium (Cd)	ARL ICPMS 8.016	0.001	Record Only	0.028	ppm	1
Mercury (Hg)	ARL ICPMS 8.016	0.001	Record Only	0.019	ppm	1
Lead (Pb)	ARL ICPMS 8.016	0.001	Record Only	0.319	ppm	1
<u>Mitragynine Package</u>	HPLC 2.046					1
Mitragynine	HPLC 2.046	0.03	Record Only	0.86	%	1
7-Hydroxy-Mitragynine	HPLC 2.046	0.04	Record Only	< 0.04	%	1
Weight (Net Average)	ARL 2.001	0.01	Record Only	494.05	mg/Unit	1

Form: arlcoa031201a Report: 648802

experience • professionalism • value

Released by: Spencer Ashby

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This Certificate of Analysis represents data only for the sample provided. It does not constitute a guarantee of quality for the entire production lot.

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Results

Analysis	Method	†MDL / LOQ	Specification	Results	UOM	Lab ID
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†Method Detection Limit (MDL):

In microbiological testing, this is the minimum level of growth that can be detected with confidence. If a result is reported as "None Detected", it means any visible growth was below this limit.

†Limit of Quantitation (LOQ):

In analytical chemistry testing, this is the minimum level of the desired analyte that can be quantified with confidence. If a result is reported as less than LOQ, it means any detected amount was too small to report an exact number.

Under accreditation number 77504, ARL is an ISO/IEC 17025:2017 Accredited Laboratory. Uncertainty data for ISO-scoped methods is available upon request. Certificate and scope are also available upon request.

